

All day

- Coconut mango chia, coconut crumbs, fruits, \$15.5
- Steel cut bircher, green apple puree, burnt honey labne, berries, candied oats \$15.5
- Toast – sourdough, seeded, fruit loaf: house made preserves, vegemite, peanut butter \$8
- Avocado toast, tahini butter, basil powder, Aleppo pepper, eggs.....\$17.5
- Eggs benedict, poached eggs, kaiserfleisch, apple cider hollandaise, toast \$19
- Lemon buttermilk pancakes, crushed berries, malted cream, oat crumbs.....\$18
- Crunchy peanut butter, heirloom tomatoes, salt and pepper peanuts on toast (trust us) \$15.5
- Red chilli scrambled eggs, bacon, parmesan, spring onions, parsley, toast \$18
- Kimchi fried rice, chicken, ssamjang, pear and pineapple salsa, purple potato crisps, fried egg..... \$19
- Broccoli bowl, shaved kale, millet, golden raisins, dukkah, herbs, halloumi, poached egg, smoked yogurt and jalapeno dressing \$19
- add bacon \$5
- Open omelette, seasonal greens, goats cheese, herb salad (toast or with salad) \$18
- Free range eggs on toast: poached, fried, folded \$10.5
- Poached salmon poke bowl, brown rice, edamame, avocado, nori, pickled vegetables, kewpie mayo, furikake\$20
- Californian superfood salad, kale, heirloom tomatoes, charred corn, goji berries, wild rice, black turtle beans, quinoa, jalapeños, coriander, salted ricotta \$16
– add slow poached chicken breast \$3.5/cured salmon \$6 /avocado \$5/poached egg \$2

- Gluten free zucchini fritter, spring salad, green chilli labne, poached egg\$19
- add bacon \$5
- Double beef burger, twin patties, shredded lettuce, mac sauce, cheese, mustard, pickles, shoestring fries\$20
- Herb and panko chicken schnitzel, green goddess sauce, kabouli \$21
- Extras/sides
- Gluten free bread \$1.5
- Extra egg, apple cider hollandaise\$2
- Grilled halloumi\$4.5
- Roasted tomatoes, goats feta, kale, mushroom.....\$4.5
- Peter Bouchier bacon, avocado\$5
- Jalapeno cheese kransky, citrus cured salmon \$6

Please see your waiter for specials
We do catering: eat@squareandcompass.com.au

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Coffee, tea and its associates

- Coffee – white/black \$4
- Filter/cold brew (by Vacation coffee) \$5
- Iced coffee – espresso, honey, ice, milk \$5
- Teas \$4.5
- Breakfast, earl grey, peppermint, green, chamomile, lemongrass and ginger, chai
- Chai Boy soy chai latte \$4.5
- Kali hot chocolate 70% cocoa \$4.5
- Kashāya Latte by āyur (āyurvedic healing golden latte) .. \$5
- Other beverages
- Smoothie - spinach, mint, pineapple, kale, celery, super food powder, coconut water.....\$10
- Cold Pressed Juices \$8.5
- Pineapple Pop (Apple, pineapple, lemon, mint)
- Green Glow (Apple, celery, cucumber, spinach, kale)
- Citrus Squeeze (orange, carrot, grapefruit, lemon, mint)
- JT’s coconut water \$6
- Coke, sprite, diet coke, sparkling mineral water \$4/5
- Organic ginger beer \$4.5
- Raspberry Kombucha \$5
- Virgin Mary \$5